

QuickStart

A guide to HomeoNet for non-computer-nerds

October 1987

First Edition

Welcome to HomeoNet. No matter what your homeopathic orientation or degree of sophistication you will find valuable homeopathic information on the network: help with consultations, new materia medica, repertory additions, cured cases of small remedies, world news, conference reviews and much more.

HomeoNet is a very flexible communication system. You will appreciate this flexibility more and more as you use it. But at first it can be intimidating. So we've created the following, hopefully non-intimidating, simplified version of our User's Manual.

OVERVIEW

HomeoNet consists of 3 sections: Mail, Conferences and Databases.

Mail - This is just like the mail service that you're used to, except it's electronic. You write a note to someone, address it, describe the contents and send it. (Remember that users are given shortened names so that they are easier to type; the first letter of the first name is followed by the last name, for example, 'dwarkentin'.) HomeoNet notifies you if you have new mail when you call in.

Conferences - This is the public side of HomeoNet. 'Conferences' are like bulletin boards. Someone enters a topic and others respond to it. Anyone looking at the conference can see the progression of the discussion. Most people have conferences that they will visit regularly. HomeoNet will keep track of these regular conferences and notify you when you call if there are new entries that you haven't read.

Databases - Databases are repositories of information like lists. They can be searched for particular words and the results ordered in a variety of ways. For example the 'User' database; you can look for all the members of a group, such as the NCH, and list the people alphabetically or geographically, etc. In the 'Bookstore' database you can search for all the books written by Kent. In the future we will have thousands of cured cases in the 'Case' database that can be searched in the same way.

CONNECTING TO THE NETWORK

☛ You will need to set your communications program to 1200 baud, 7 databits, 1 stopbits, odd parity, 'Xon/Xoff' on and full duplex. (If your modem only supports 300 baud use 2 stopbits.)

☛ Tell your modem to call the local Telenet number.

☛ Once the modem has connected to Telenet, the system that connects with HomeoNet, you'll see:

CONNECT

TELENET 415 117B

TERMINAL=

@

☛ Type the code for HomeoNet - 'C408346'.

408 346 CONNECTED

login: (? for help):

☛ Type your name in lower case; first initial/last name [ex. dwarkentin].

Password: (? for help):

☛ Type in the password sent to you by HomeoNet on the yellow card.

Terminal = vt100 (hit <RETURN> or enter new terminal type):

☛ Press return.

Welcome to HomeoNet, a service of IGC.

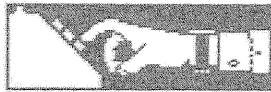
For help, type '?'

You have new conf entries in alerts welcome mm.quizzes ...

You have new mail

HomeoNet commands: (c)onf (h)elp (m)ail (s)etup (u)sers bye ?

☛ Read on to learn how to send and receive mail.



SEND OR RECEIVE MAIL

- ☛ Type 'm' to go to the 'mail' room.
- Type 'g' to goto a mail folder, '?' for command summary, 'h' for more help.
- Mail?
- ☛ Type 'w' to start the writing process.
- Do you want: (r)eply message (n)ew message (s)end copy?
- ☛ Type 'n' for 'new' (or 'r' if you're replying to a message that you just read).
- To:
- ☛ Type the person's network name. For example, blewis.
- Subject:
- ☛ Now type the subject of your message.
- Start entering text; hit <CTRL-D> or <CR>.<CR> for help or when done:



- ☛ Type in your letter now or, even better, tell the communications program to send a letter that you've previously written and saved. When you're done press return, '.', and return.
- Hit <RETURN> to save/send text, 'e' to edit:
- ☛ The network demands that each line of a note ends in a carriage return. Let's have HomeoNet format this note, so type 'e'.
- Edit (? for help):
- ☛ Type 'f' for 'format'. Choosing 'f' automatically ends each line of your letter in a carriage return.
- Reformatting to 65 columns...
- Edit (? for help):
- ☛ If there's no more editing you need to do, press the return key.
- Hit <RETURN> to save/send text, 'e' to edit:
- ☛ Press the return key.
- Cc:
- ☛ If you want to send a copy to someone type their network name here, otherwise hit the return key.
- Message sent successfully.
- Mail?



- ☛ If you want to receive waiting mail type 'm' (mail), return, then 'u' (unread), and return. Type 'u' until you are told that you have no more mail.
- ☛ When you're done type 'q' to 'quit' the mailroom.
- HomeoNet commands: (c)onf (h)elp (m)ail (s)etup (u)sers bye ?



EXPLORING THE CONFERENCES

- ☛ Go to the conference area by typing 'c'.
- Conf?
- ☛ To see a list of the available HomeoNet conferences type 'l'ist and follow the on-screen directions. You can also get a list of conferences from PeaceNet and Econet here.
- ☛ To go to a specific conference type 'g'.
- Enter conference name (? for list of conferences):
- ☛ Type in the name of a conference; 'hn.hello' would be a good place to start. We'd like everyone to use this conference to introduce themselves.
- visiting hn.hello...
- 'i' to see index of topics, '?' for command summary, 'h' for more help
- Conf?
- ☛ Let's get an index of the messages in this conference by typing 'i'.
- hn.hello

10/1/87	1*David Kent Warkentin	1 dwarkentin
10/2/87	2*Louis Klein	1 lklein

- **** End of Topics ****
- Conf?
- ☛ Read topics by simply typing their number. By the way the '*' before the topic title means that you haven't read it yet.
- ☛ Add yourself as a new topic to this conference by 'w'riting a 'n'ew entry. (If you choose 'r'eply your message would be a second entry of a existing topic.) Then type 'c' to tell HomeoNet that you want to leave your message in the 'c'onference. Tell us a little about yourself and your practice.
- Starting up editor...
- Start entering text; hit <CTRL-D> for help or when done:
- ☛ Now tell us about yourself and practice (don't make it too dry!). Type <CTRL-D> (see page 4 #6).
- Hit <RETURN> to save/send text, 'e' to edit:
- ☛ You've probably already guessed what you do now, type return. (Getting the hang of it?)
- Enter title: _____
- ☛ This time you are the topic so type your name in.
- Conf?
- ☛ I think that that is probably enough for a Quick-Start so let's leave HomeoNet now. You can read all the nitty-gritty of conferences in the User's Manual. Type 'q' to quit.
- HomeoNet commands: (c)onf (h)elp (m)ail (s)etup (u)sers bye ?





EXITING

Type 'bye' to say 'Good-bye' to HomeoNet.
12 pages worth of free mail storage left; see
(h)elp command.

```
Goodbye! elapsed time DayHrsMinSec snd rcv
          00 00          00:00:06:31 163 218
408 346 DISCONNECTED
NO CARRIER
```

Make sure that you get these last two messages.
If not you may still be connected and paying for it! A
way to make doubly sure is to turn off your modem.
If you had previously surpassed your free hour of
contact time this session would have cost about 60
cents.



GENERAL TIPS:

*(Some of these tips describe procedures to use with Red Ryder software;
substitute the appropriate commands for other software as needed.)*

- 1) When in doubt type '?' for a list of options.
- 2) Most commands make intuitive sense. For example, when you connect to the system it will say -
HomeoNet commands: (c)onf (h)elp (m)ail
(s)etup (u)sers bye ?
If you want to go to the mail section you type 'm' for 'mail'. Then you can 'w'rite someone 'n'ew or 'r'espond to someone's letter or you could look at all of your 'u'nread mail. HomeoNet will give you the most obvious options, but if you have questions simply type '?' for a list of possible choices.
- 3) Save money by keeping your time connected to the system to a minimum. Quickly collect your messages on a file and leave the system. Read them and write responses at your leisure and then call back to send them. The details of collecting messages: Call the network and if you have new messages (it'll tell you), type 'm'ail and return. It will read your 'incoming' folder of messages. Type 'c'apture and then 'p'age to get the computer to scroll steadily through the stuff. Now go to Red Ryder's File menu and choose 'Capture incoming data to TEXT file'; give the new file an appropriate name. Type 'u'nread, and it will begin displaying your new mail. (As it is displayed the information is saved in the file you created) Keep typing 'u'nread till it's done. Choose 'End File Capture' in the file menu.

4) Do as much as possible before you connect to the system. Use a writing program (or the RedWriter DA) to write all of your new messages or replies when you are away from HomeoNet. Save each one as a 'TEXT' type file 'with line feeds'. Then call the network back, type 'm'ail, 'w'rite a 'n'ew message, give the recipient's name and subject, and tell the communications program to send the message that you wrote (choose 'SEND TEXT FILE' from the File menu of Red Ryder). Type return, '.', return and that's it.

5) Networks don't understand word wrapping. Word wrapping is when a line of text overlaps one line and jumps down to the next. Most computer programs do this automatically. Networks DON'T! So you have to make sure that each line ends with a carriage return. It may look fine on the screen and yet have problems when mailed. To ensure that everything is correct type 'e' at the 'edit?' prompt and then 'f'ormat at the end of your letter. This will automatically format the letter appropriately. If you have any concerns about your letter you can see it by typing 'v' at the 'edit?' prompt.

6) <RETURN> and <CR> mean the same thing. They mean 'press the return key'. (CR stands for 'carriage return'; the key that creates a new line...). '<CTRL-D>' is more complex. On most computers it means 'press the control and d keys at the same time'. Using Red Ryder on a Macintosh Plus it means 'press the option and d keys at the same time'.

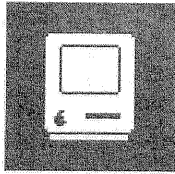
7) Delete mail after you've read it by typing 'd' at the 'mail?' prompt. Otherwise HomeoNet will save it and your mailbox will get pretty full! You can save about 50 pages of information before you have to pay any additional (but very small) charges.

8) Panic states - If you want to leave a section type 'q' for 'quit'. If you then want to leave HomeoNet type 'bye'. If some accident occurs and you are cut off from HomeoNet, it's no problem; when you call again everything that you were working on will be waiting for you to continue.

9) Relax and have fun with HomeoNet. You can't hurt or erase anything except your own messages.

10) Type a return after all of the letter commands.





A SAMPLING OF OUR CONFERENCES

- hncal.xxx— A comprehensive monthly calendar of seminars, workshops, etc.
- hn.hello— An introduction to all of the users of HomeoNet (please say 'hello' to everyone by entering this conference and leaving some information about yourself).
- hn.consults— A open bulletin board for case consults from other users.
- mm.articles— Info extracted from materia medicas, journals, repertories.
- mm.quizzes— Materia Medica quizzes with answers.
- mm.newinfo— Unpublished proving/cured symptoms or complete remedy images
- nch.news— World and local homeopathic news.
- pn.intlaccess— Information for accessing IGC Networks from outside the US
- test— Conference to be used for practice and experimentation
- welcome— Well, I'm on IGC Networks, now what?
- help— Questions and answers on using the networks

We encourage you to start your own conference. For example, veterinary medicine, study group and radionics conferences would be quite interesting. Drop 'support' a note about your proposed conference and he'll help you create it.

Don't forget that you also have access to all of PeaceNet and Econet's conferences as well!

These conferences are only the beginning - as HomeoNet grows we will be adding many new services and conferences. We'll keep you informed!



WRAP UP

New members - If you encourage someone to join HomeoNet we will thank you with 2 free hours of off-peak time.

Donations - We appreciate all donations (even very small ones)! They are tax deductible and go to a good cause. The money is used to transcribe old journal articles, cured cases and new materia medica. Checks should be made out and sent to the Homeopathic Patient Foundation, 1918 Bonita, Berkeley, CA 94704.

HomeoNet is *your* network and relies on *your* input for its excellence. Don't be shy - contribute to the conferences! We all have something to offer. And if you'd like to do more like helping with our typing etc. let me know!

I hope that QuickStart helps you to become familiar with this new development in homeopathic communication. If you have any praise, criticisms or ideas drop me a line. If you have any questions that aren't answered here or in the manual feel free to ask 'support' either on HomeoNet or by phone at (415) 923-0900. We appreciate the feedback!

See you on the network-

David Kent Warkentin, PA
HomeoNet Director
(dwarkentin on the network)



HomeoNet

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